

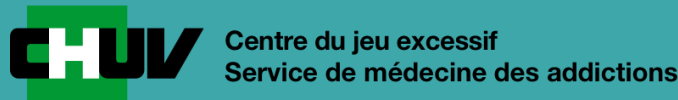


ENTER Conference 2026

PROGRAM

Digital Wellbeing and Mental Health : Challenges, Opportunities and Calls for Action

Our sponsors



Thursday, 11 June 2026
from 9:00 a.m. to 5:30 p.m.



Christian Müller Auditorium
CHUV - Cery site
Route de Cery 17
1008 Prilly



8.15-9.00 Registration

Location : Lobby near the Auditoire Müller

9.00-9.30 Opening session

Location : Auditoire Müller and online

Webex link : <https://chuv.webex.com/chuv-en/j.php?MTID=m149ac7de88044c11a0594690ece94667>



Prof. Yasser Khazaal (UNIL/CHUV), Dr Emanuelle Jouet (Chair of Enter Mental Health Network/FOCCS), Prof. Alexander Baldacchino (USTAN, Chair, World Psychiatric Association, Addiction Psychiatry Section), Prof. Luigi Janiri (President of the European Society of Social Psychiatry), Prof. Rakesh Chadda (President of the World Association of Social Psychiatry), Dr Anja Busse (Unit Head, Drugs, Alcohol and Addictive Behaviours, World Health Organization)

9.30 10.20 - I Keynote session : Frameworks, Risks, and Ethical Responsibility

Location : Auditoire Müller and online

Webex link : <https://chuv.webex.com/chuv-en/j.php?MTID=m149ac7de88044c11a0594690ece94667>

Moderators : Romain Bach (GREA, Switzerland); Aurelie Laserre (Addiction Medicine, Department of Psychiatry, CHUV and Lausanne University)

- **Digitalisation and Mental Health : Risks and Opportunities**

Prof. Zsolt Demetrovics, Flinders University, Australia

- **From Algorithms to Action : Responsible AI and Digital Innovation in Mental Health**

Prof. Rhonda Wilson, RMIT University, Australia

10.20-10.40 Coffee Break



10.45-12.00 Parallel sessions

I Parallel session

Location : Auditoire Müller

Moderators : Marja Kaunonen (University of Tampere, Finland); Lousiana Deligianni (Addiction Medicine, Department of psychiatry, CHUV and Lausanne University, Switzerland)

10.45-11.00 Andreas Balaskas, School of Computer Science, University College Dublin, Ireland: *YouthDMH : Digital Mental Health for Young People*

11.00-11.15 Louise Brady, Ormer AI, Crisis Mental Health Service, Jersey, UK (Channel Islands) : *Artificial Intelligence for Mental Health Care : Addressing Sectoral Underrepresentation and Supporting Clinical Risk Documentation*

11.15-11.30 Magali Dufour, Université du Québec à Montréal, Canada : *Development and Evaluation of Virtu-A : A Manualized Intervention for Problematic Internet Use in Youth*

11.30-11.45 Julia de Ternay, Hospices Civils de Lyon, France : *Estimated Prevalence and Associated Factors of Problematic Social Media Use in a Representative Sample of the French Population*

11.45-12.00 Raian Ali, Hamad Bin Khalifa University, Qatar; Ala Yankouskaya, Bournemouth University, UK : *Perceived Addictiveness of Social Media Is Associated with Symptom Experience, Not Level of Engagement*

II Parallel session

Location : Salle Les Combles (Bâtiment Les Cèdres 01B - 3ème étage) and online

Webex link : <https://chuv.webex.com/chuv-en/j.php?MTID=ma018d3d6db13d0e48a860652c562da1b>

Moderators : Laura Orsolini (Faculty of Medicine and Surgery Department of Experimental and Clinical Neurosciences/DIMSC Università Politecnica delle Marche, Italy) [online]; Mojca Urek (University of Ljubljana, Slovenia)

10.45-11.00 Merve Aktaş Terzioğlu, Pamukkale University, Türkiye : *Perceived Digital Wellbeing Among Turkish Adolescents Receiving Psychiatric Care : Relationships with Sociodemographic, Psychological, and Behavioral Variables*

11.00-11.15 Sandra Tricas-Sauras, Université libre de Bruxelles, Belgium : *From Digital Overuse to Digital Balance : A Health Promotion Approach to Mental Wellbeing*

11.15-11.30 Germano Vera Cruz, Université de Picardie Jules Verne, France : *Identifying Central Dimensions of Perceived Digital Wellbeing : A Psychological Network Perspective*

11.30-11.45 Yasser Khazaal, University of Lausanne and Lausanne University Hospital, Switzerland : *mHealth Interventions for Digital Wellbeing : Addressing Problematic Smartphone and Social Media Use*

11.45-12.00 Muriel Gaillard, OCCATIO, France : *Ethological Insights into the Impacts of Digital Wellbeing on Mental Health*

12.00-1.00 Lunch break



1.00-1.50 Keynote session

Location : Auditoire Müller and online

Webex link : <https://chuv.webex.com/chuv-en/j.php?MTID=m149ac7de88044c11a0594690ece94667>

Understanding AI Usage: Perception, Engagement, and Methodology

Moderators : Rania Mamdouh (Psychiatry department, School of Medicine, Cairo University, Egypt. and International Society of Addiction Medicine, Egypt); Giovanni Martinotti (University "G. d'Annunzio" of Chieti-Pescara and Ospedale SS. Annunziata, ASL Chieti-Lanciano-Vasto, Italy)

- **AI Dependency and the Future of Digital Wellbeing**
Raian Ali, Hamad Bin Khalifa University, Qatar
- **Opportunities and Risks for Mental Wellbeing in the Digital Era : From Creating a Digital App to Conducting a Comprehensive Literature Review**
Alice Vinçon Leite, Research psychiatrist INSERM, France
Olivier Las Vergnas, Université Paris Nanterre and Université de Lille, CIREL (Trigone), France

1.50-2.20 Round table

Location : Auditoire Müller

Designing Acceptable Digital Measures of Sexual Health : Human Factors, Equity, and Responsibility in Digital Wellbeing

Moderator : Ingrid Zablith (Paris, France and Tripoli, Lebanon)

- Katarzyna Wac (University of Geneva, Switzerland)
- Yasser Khazaal (University of Lausanne and Lausanne University Hospital, Switzerland)
- Mojca Urek (University of Ljubljana, Slovenia)

2.30-3.00 Poster session

Location : Auditoire Müller and online

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Moderators : Joseph Studer (Addiction Medicine, Department of psychiatry, CHUV and Lausanne University, Switzerland); Lene Berring (Psychiatric Research Unit, Region Zealand Psychiatry, Department of Regional Health Research, University of Southern Denmark, Denmark)

1. Evanthia Sakellari, University of West Attica, Greece : *The eMAMA Educational App for Enhancing Maternal Mental Health Education and Care in Sub-Saharan Africa*
2. Chloe Hampshire, University of Bath, UK : *How Can We Prepare Digital Interventions for Use After a Trial? Lessons from the STOP Process Evaluation*
3. Priseena Radha, Victorian Institute of Forensic Mental Health (Forensicare), Australia : *AI-Enabled Biometric Monitoring for Early Detection of Clinical Deterioration in Community Mental Health Nursing*
4. Sarah Bekaert, Oxford Brookes University, UK : *Restorative Reflective Supervision for Nursing Students : A Mixed-Methods Pilot Evaluation*
5. Christophe Daudet, Mirabeau Clinique, Anglet, France: *Using an Iceberg Model in Routine Clinical Care*
6. Maxime Huot-Lavoie, Université Laval, Québec City, Canada : *Lived Experience of Gaming Disorder Among People with Psychotic Disorders : Implications for Tailored Interventions and Clinical Management*
7. Tamara Bisan, Mental Health Department, ULSS 5 Polesana, Italy : *Digital and Immersive Technologies in Clinical Psychotherapy : Practical and Clinical Implications from a Bibliographic Analysis with an Examination of the IDEGO Group's Applications*
8. Emmanuelle Jouet, Université Paris Nanterre and Fondation Œuvre de la Croix Saint-Simon, France : *Transposition of Emergency First Aid and Care Training Certificate Training into an E-Learning System for Knowledge Retention : An Evidence-Based Pedagogical Innovation*

3.00-3.15 Coffee Break



3.15-4.40 Parallel sessions

III Parallel session

Location : Auditoire Müller

Moderators : Ruta Karaliuniene (Johannes Gutenberg University Mainz, Germany); Lidia Zabłocka-Żytka (Maria Grzegorzewska University, Poland)

3.15-3.30 Eglė Šumskienė, Vilnius University, Lithuania : *Cumulative Harm or Inclusive Futures? Rethinking AI, Disability, and Social Work in the Digital Welfare State*

3.30-3.45 Ruta Karaliuniene, Johannes Gutenberg University Mainz, Germany : *Digital Wellbeing in Disasters and Emergencies : Psychiatrists' Role*

3.45-4.00 Mateja Vončina, Sara Fras, Social Protection Institute of the Republic of Slovenia, Slovenia : *Digital Wellbeing and Professional Judgement in Social and Long-Term Care: A Critical Perspective from Slovenia*

4.00-4.15 Nora Ambord, Bern University of Applied Sciences, Chantal Kuske, restful, Switzerland : *Peer-to-Peer Support for Clients of Community Mental Health Nursing Services and Their Relatives in Switzerland: A Participatory Development Process*

4.15-4.30 Lidia Zabłocka-Żytka, Maria Grzegorzewska University, Poland : *ENTER MH Network Online Training Program s: Examples of Mental Health Promotion through International Project Materials*

4.30-4.45 Lisbeth Hybholt, Mental Health Services East, Central and West Zealand Hospital and University of Southern Denmark, Denmark : *Relational Communication About Suicidal Ideation in Inpatient Mental Health Care: A Co-Operative Inquiry Study*

IV Parallel session

Location : Salle Les Combles (Bâtiment Les Cèdres 01B - 3ème étage)

Webex link : <https://chuv.webex.com/chuv-en/j.php?MTID=ma018d3d6db13d0e48a860652c562da1b>

Moderators : Giacomo Grassi (Brain Center Firenze, Italy); Joe Schofield (University of St Andrews, Scotland)

3.15-3.30 Paula Tallón Fuentes, Universidad de Deusto, Spain : *Daily Activity and Subjective Energy Reactivity in Major Depressive Disorder: Incremental Value of Brain Structural Features in Machine Learning Models*

3.30-3.45 Luigi Janiri, Catholic University of the Sacred Heart and LUMSA University, Italy : *Online Dynamic Psychotherapy : Methodological Issues*

3.45-4.00 Sonia Ziemba Domańska, Polish-Japanese Academy of Information Technology, Poland : *Digital Mental Health Interventions : Ethical Development of Therapeutic Methods*

4.00-4.15 Joe Schofield, University of St Andrews, Scotland : *Global Perspectives on Telemedicine for Treatment of Opioid Use Disorder : Practices, Priorities, and Barriers*

4.15-4.30 Giovanni Martinotti, University "G. d'Annunzio" of Chieti-Pescara and Ospedale SS. Annunziata, ASL Chieti-Lanciano-Vasto, Italy : *Brain Stimulation in Gambling Disorder : Neurobiological Rationale and Emerging Clinical Evidence*

4.45 - 5.50 Keynote session

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New Frontiers in Intervention and Care Ecosystems

Moderators : Ueli Kramer (Department of Psychiatry - CHUV, University Institute of Psychotherapy, University of Lausanne, Lausanne, Switzerland); Rhonda Wilson (RMIT University, Australia)

- **The Loop and the Leap: Bridging AI-Driven Innovation and Practice**

Cristina Crocamo, University of Milano-Bicocca, Italy

- **From Online to Offline Gaming: A Novel Psychological Intervention Using Tabletop Role-Playing Games (TTRPGs) in Persons with Gaming Disorder and Social Anxiety**

Joël Billieux, UNIL, Switzerland

- **Lost in Translation: Why Addiction Care Needs an Innovation Ecosystem Approach**

Gosia Mitka, University of St Andrews, Scotland

5.50-6.00 Best Poster Award



6.00 - 6.15 Closing



- Hamad Al Ghafri (President of the International Society of Addiction Medicine, ISAM)
- Prof. Yasser Khazaal (UNIL/CHUV)
- Dr Emmanuelle Jouet (Chair of Enter Mental Health Network/FOCCS)