

Courses in foreign languages

Academic year	2025/2026
Area subject code	-
Title of course	Migrations and refugeeism - social and individual context of global mobility
Level	I (undergraduate – B.A.), II (graduate – M.A.), III postgraduate
Time of implementation	1st semester
Number of hours	30
ECTS	6
Lecture(s) (name and last name)	Dominika Zakrzewska-Oleńska
Title/position	PhD / Adiunkt
Affiliation (Institute, division)	Institute of Psychology
Course description (up to 600 words)	<p>The goal of this course is to equip students with an understanding of current issues related to refugees and migrants, including their main patterns and types. We'll explore the challenges and opportunities that arise for individuals and societies, using case studies, best practices, and field insights. Students will learn about the strengths and weaknesses of various frameworks and strategies for the readjustment and reintegration of migrants and refugees, particularly in terms of rebuilding family and professional life, social connections, and personal ties after a cultural shift. In our sessions, we'll focus on the diverse approaches employed by governmental institutions (such as education, culture, and social care) and non-governmental organizations, and their impact on empowering and actively involving newcomers in the social structures of the host country. The course will include the analysis of written and visual materials, as well as discussions with field practitioners.</p> <p>The course will cover the following topics:</p> <ul style="list-style-type: none"> • Reasons for the migration of people nowadays; • Psychological and pedagogical support for migrant & refugee children and adolescents; • The concept of self- and group identity • Building and preserving group identity in the new environment; • Global, intercultural, and democratic education as instruments of an inclusive society; • Early education methods of upbringing children and educating youth from post-conflict regions in their own environment or the new country of residence- theory and practice; • The role of governmental institutions and non-governmental organizations in receiving and empowering newcomers into the receiving society; • Skills and personal traits that support the re-adaptation and reintegration process; • Personal, family, and group narration as an indicator for choosing strategies of behavior in the accepting society; • Field insights from practitioners and examples from diverse parts of the

Required readings	<p>MEICHENBAUM, Donald. Understanding resilience in children and adults: Implications for prevention and interventions. In: <i>paper delivered to the Melissa Institute Ninth Annual Conference on Resilience</i>. 2005.</p> <p>UNGAR, Michael (ed.). <i>Handbook for working with children and youth: Pathways to resilience across cultures and contexts</i>. Sage Publications, 2005. DAVIDSON, Alastair. Migration in the Age of Genocide. 2015 (fragments) And chosen articles and chapters</p> <p>HUIJSMANS, Roy. Children and young people in migration: A relational approach. <i>Movement, Mobilities, and Journeys</i>, 2017, pp. 45-66.</p> <p>LIEBEL, Manfred; BUDDE, Rebecca. Other Children, Other Youth: Against Eurocentrism in Childhood and Youth Research. In: <i>'Children Out of Place' and Human Rights</i>. Springer International Publishing, 2017. pp. 119-136.</p> <p>CUTTER, Susan L. The forgotten casualties redux: Women, children, and disaster risk. <i>Global Environmental Change</i>, 2017, 42, pp. 117-121.</p> <p>SIME, Daniela. Migrant Children in Cities: The Spatial Constructions of Their Everyday Lives. <i>Movement, Mobilities, and Journeys</i>, 2017, pp. 271-288.</p> <p>Other publications and audio-visual materials will be proposed during the seminar</p>
Teaching methods	Mini lectures, discussion based on reading, presentations, group work, case analysis
Prerequisites	English
Assessment	Active participation, presentation in pairs
Teaching language	English
Contact person for further information	Dominika Zakrzewska-Oleędzka: dzakrzewska@aps.edu.pl +48 535 927 599